



### Our Mission:

We are Stoughton's official youth dance team! Our mission is to develop dance technique, enhance school spirit and create a fun, welcoming atmosphere to make lifelong memories! The team's focus will be to develop leadership and problem-solving skills, a sense of community, and good behaviors. Students will be allowed to participate in other sports to gain the experience in communicating and working with different types of coaches and coaching methods.

### Who Can Join:

Everyone is welcome to join! We encourage any child, 6th-8th grade, from any school district, to dance with us! This includes public, private, and home schooled. Plus, background dance experience is NOT necessary!

### Schedule & Attendance:

- ❑ Practice will take place Tuesdays & Thursdays from 5-6pm at the River Bluff Middle School cafeteria
- ❑ Practice dates are as follows: Jan. 3rd, Jan. 8th, Jan. 10th, Jan. 15th, Jan. 17th, Jan. 22nd, Jan. 24th, Jan. 29th, Jan. 31st, and Feb. 5th
- ❑ We will have two fun performances! More information to come
  - ❑ Feb. 7th at the Boys JV Basketball game @ Stoughton High School
  - ❑ Feb. 9th at the Badger Conference Showcase @ Stoughton High School
- ❑ Please let both coaches know of any absences or conflicts with the schedule. Any absences should be reported to the coaches via phone or email prior to the start of practice by parent/guardian.

## Practice Itinerary:

- ❑ 5:00-5:10 -- Attendance & team building activities
- ❑ 5:10-5:20 -- Stretching
- ❑ 5:20-5:35 -- Technique
- ❑ 5:35-5:55 -- Practice Routine
- ❑ 5:55-6:00 -- Cool down

## What to Wear:

- ❑ Practice:
  - ❑ Athletes may wear any top & bottom that is comfortable for them to move, dance, and stretch in.
  - ❑ For footwear, we recommend dance shoes such as ballet slippers, or jazz shoes. This type of footwear best allows dancers to perform technique correctly. If you are not able to purchase these shoes, please contact one of the coaches.
  - ❑ We ask that the dancers wear their hair up or away from their face
- ❑ Performance:
  - ❑ The registration fee will include a performance t-shirt, and poms
  - ❑ Please wear long, black, comfortable bottoms such as leggings or dance pants.
  - ❑ To match the pants, please wear black shoes such as black jazz shoes
  - ❑ We ask that the dancers wear their hair up or away from their face

## Parental Responsibilities:

- ❑ Please ensure your dancer shows up to practices and performances a few minutes early so we can get the most out of our scheduled time together
- ❑ If your dancer needs to leave practice early, please inform one of the coaches so we are aware of the situation
- ❑ If you have questions, please do not hesitate to ask the coaches! You can contact us any time of the day via email or phone
- ❑ **Support your dancer and encourage them!**

## Registration Fee:

- ❑ There will be a ONE TIME registration fee of \$45.00 for the season
  - ❑ The registration fee covers the cost of your dancers performance t-shirt and poms
- ❑ NO DANCER WILL BE TURNED AWAY DUE TO FINANCIAL CONSTRAINTS (please contact the coaches via phone or email to discuss payment plans)

## Contact Information:

- ❑ Phone:
  - ❑ Coach April Schulz: 920-960-2440
  - ❑ Coach Allison Sanders: 920-319-0402
- ❑ E-mail:
  - ❑ stoughtonyouthdance@gmail.com

## Social Media:

- ❑ As the Stoughton Youth Dance Team aims to grow their program, social media is a great way to not only advertise, but also a way to stay connected to guardians and loved ones.
- ❑ Please follow us for updates:
  - ❑ Facebook: [www.facebook.com/SYDanceTeam/](http://www.facebook.com/SYDanceTeam/)
  - ❑ Website: [www.stoughtondance.com/elementary-dance-team](http://www.stoughtondance.com/elementary-dance-team)
  - ❑ Instagram: @stoughton\_youth\_dance
- ❑ If your dancer joins the Stoughton Youth Dance Team, we ask that you carefully read the "[Photo Release Form for Minors](#)" waiver located below and sign ONLY IF you feel comfortable with the terms.

## Other Dance Opportunities:

- ❑ If this season does not work with your schedule and/or if your dancer is interested in participating in another season, we will be offering a **Spring Session** as well! Follow us on social media for future dates!

## Helpful Links:

- ❑ If you wish to purchase new dance gear, here are a few recommended items
  - ❑ Jazz shoes:  
[https://www.discountdance.com/dancewear/style\\_T7602C\\_html?pid=22047&shop=Style&&skey=jazz+shoes&search=true&SortOrder=R&SID=1328450349](https://www.discountdance.com/dancewear/style_T7602C_html?pid=22047&shop=Style&&skey=jazz+shoes&search=true&SortOrder=R&SID=1328450349)
  - ❑ Leggings:  
[https://www.discountdance.com/dancewear/style\\_TH5118\\_html?pid=24596&shop=Style&filter=Category%23Pants+%26+Leggings%3AColor%23Black%3ASubCategory%23Pants+%26+Leggings%21Leggings%3APrice%23%2415+-+%2420&SID=1328450757](https://www.discountdance.com/dancewear/style_TH5118_html?pid=24596&shop=Style&filter=Category%23Pants+%26+Leggings%3AColor%23Black%3ASubCategory%23Pants+%26+Leggings%21Leggings%3APrice%23%2415+-+%2420&SID=1328450757)



Photo Release Form for Minors (if under 18)

I, \_\_\_\_\_ (write full name), confirm that Stoughton Youth Dance Team has my permission to use my or my child's photograph publically to promote the Stoughton Youth Dance Team. I understand that the images may be used in print publications, online publications, presentations, websites, and social media. I also understand that no royalty, fee or other compensation shall become payable to me by reason of such use.

Parent/Guardian's signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_